

Read This If You Want To Avoid Common Homeschool Struggles

Homeschooling is fun, exciting, fulfilling, and downright hard. There's no one-size-fits-all, no magic formula that will work with all kids. And if you're new to homeschooling, you've also got overwhelm added in there too!

I've put together the ideas from others who have traveled this road before, and I wanted to share these with you in the format of a workbook.

1. Your first step is to find a quiet place. Do this now.

If this isn't possible now, wait until it is and then go through this workbook. Put this workbook where you'll see it when you have 10 minutes to yourself to relax and be in resourceful state.

2. Go get a pencil.
3. Do you enjoy coffee? Tea? Flavored water? Go get some.

This is a "sit by yourself with your favorite tea/coffee" type of moment that will save you time in the long run. Are you ready?



So what are the most common struggles parents have when homeschooling their children? As you read these over, write down your solution ideas under each one so you can go back and make a plan for yourself when you've finished.

1. If you've got more than one child, you can already imagine that it's going to be hard educating at more than one level. Occupying younger children is a full time job, and now you've got to get good at managing your attention, time, and energy so you can educate your older children simultaneously. What is the best way to do this?
2. You've also got meals, housework, family culture, business, health, and personal interests to add the mix. What are your best ideas on the best ways to stay balanced without getting overwhelmed? (It's going to happen, but at least you will have resources available to you when it does.)
3. What are things you can think of when you feel that there is not enough hours in the day? What can you remind yourself of?
4. What are three things you can do ahead of time to make so kids will be more focused on their work? (Hint: What positive things keep their attention and focus now?)

5. How will you give your kids the message that they've got what it takes, and also that it's okay if they make mistakes? (Hint: kids learn more from making mistakes than when they get it right!) Think of at least three things you can do or say that will really encourage your child:

6. How will you encourage your kids to do school when they are not in the mood? You can bet they're going to pull all kinds of interesting behaviors, like "We just did this yesterday" or something similar.

7. How can the kids help you do the record keeping so it's not all on you? (Do I detect life skill lessons in there also?)

8. What are three specific things that you can do to stay motivated and positive so you can continue to inspire your kids on a daily basis?

9. What are three things you do to recharge your batteries that you can do on a consistent and daily basis?

10. Who is a role model for you? When things get stressful, who can you step into and ask “How would they handle this?”

Keep this with you, journal about it in a special notebook, and let it inspire you so you can become the best *you* to guide your kids on their journey. Homeschooling is so unique from most other life adventures, and so many folks have already walked this path and came out the other end with happy, thriving families.

Learn from others about the pitfalls of over and under scheduling, having unrealistic expectations, disorganization, working too long and hard, feeling alone and isolated, and assuming that you really can “do it all” (*hint*: no one can!), and being so closed and rigid there’s no room for growth or learning.

This workbook is from my collection of homeschool resources. If you found this helpful and you find yourself thinking, “Hey, you know, I want this person to help me teach my kids and to help me design my curriculum and lessons for me...” then we can do just that.

Go to **www.SuperchargedScience.com**

When you get there, you’ll see a video that shows you the homeschool curriculum that I developed and teach. If you like what you see on that website, just fill in the form and your kids can get started today.

Aurora

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